

# The Role of UKM PIK-R Cakra in Preventing the Triad KRR (Early Marriage, Free Sex, Drugs) as the Efforts of Civic Responsibility in Students UNS Era of Covid-19.

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## **Abstract**

*Youth plays an active role in implementing the Sustainable Development Goals (SDGs) for 2030. One of the important priorities for handling, has been followed up by the Indonesian government through the National Family Planning Agency (BKKBN) by monitoring and evaluation and also providing special guidance in the field of youth resilience through The Planning Generation (GenRe) program optimally is the development of the Information and Consultation Center for youth and / or students (PIK-R / M). It is important that the Center for Adolescent Counseling Information (PIK R) be provided as a forum for disseminating health information, especially in the university environment. In Indonesia, adolescents who have cases of the TRIAD KRR are still quite high. Teenagers have had free sex at 35.9%; and at least among UNS students there are 27.3% or 15 out of 55 people who stated that their fellow students had premarital sex. The purpose of this research is to describe the strengths, weaknesses, opportunities, and obstacles faced in implementing the role of the Student Activity Unit (UKM) PIK-R Cakra UNS as a form of Civic Responsibility where citizens who know their rights and obligations are aware and responsible in carrying them out. The active role of students is very much needed in improving the quality and development of the country. This study used a qualitative method with a case study approach to get an overview of the implementation of the PIK R program. The data was collected by means of interviews, observations, and documentation of field notes, involving the data obtained were analyzed descriptively. The results obtained from the interviews were that the PIK-R Cakra UNS had prepared various annual activity programs related to the KRR Triad, but there were many obstacles, especially during the COVID-19 pandemic so that it had not occurred thoroughly which made it less optimal in providing prevention education for the KRR Triad in among UNS students.*

Keywords: PIK-R; triad KRR; *civic responsibility*.

## Introduction

Students are among the unlearned and is considered to have the knowledge and ability to face the phenomenon in the vicinity, as well as can resolve the issue critically. Role of students in the scope of the university is very important, because the main asset of a university is its students. Through the achievements of countless and the role of other very influential in enhancing the university's image and keep the image of the alma mater.

Teens also plays an important role among students, i.e. as agents of change, they are social control in a society that has moral strength and resources are not endless (Pujiyono, 2018).

Today's teenagers face a lot of change and a good bagi are in the city or in the countryside. The rapid globalization has brought many positive and negative impacts for the development and growth of the young (Hastuti et al., 2019). The positive impact that appears is the easy access to information so that each youth can access information easily. National Population and Family Planning, National Central bureau of Statistics, & Ministry Of Health Of The Republic Of Indonesia, say that "The negative impact caused by globalization, namely the development of information and technology which appear unhealthy lifestyle that occur in adolescents such as *free sex*, drug use, and HIV / AIDS".

Indonesia Demographic and Health survey (IDHS) in 2017 noted that the young men and women have different percentage when looking for news via print media about HIV AIDS (female 25%, while men 22%), PUP ( by 13% and men by 6%). prevention of pregnancy (women 14%, liquor (female 31% male 28%), and men by 7%) and drug (women 40% men and 33%), exposure to drugs, poverty, family, and the violence could threaten the development for the youth (Badan Kependudukan dan Keluarga Berencana Nasional et al., 2017) (Wibowo et al., 2020).

Role of students in the scope of the campus is important, in addition to carried out in academic activities also play a role in non-academic activities one through the Student Activity Unit (UKM). Student Activity Unit (UKM) has a variety of type and specialization, which consists of sports, art, forums, and others. However, in a UKM necessarily need to have a sebuah plan which has the purpose to carry out, improving and forward, the performance of each member contained therein. Student organizations memhas a role that is especially important to the students themselves with the hope of being able to develop their interests, talents, and the most main is to be able to develop character education student's own (Pujiyono, 2018).

In addition to developing a character, UKM also have a responsibility to spread the sciences and the programs that run within the

organization to the general audience the main students one of them is through coaching for teenagers that is part of the Huma resource development of *the SDGs* which is where the responsibility of parents, community, government, and the adolescents themselves. In a student organization, the presence of student participation is very necessary. Because through student organizations, can have a lot of experience that are beneficial to the social world.

In the last year of implementation of the National Medium Term Development Plan (RPJMN) 2015 until 2019, PKBR (Preparation of Life For the Youth) is one of the projects BKKBN (National Population and Family Planning National) to support national priorities (BKKBN, 2019). One of the programs called program GenRe where one of its spread through the PIK-R (Information Center Counseling Adolescents) where one of the programs for teenagers are expected to contribute positively in developing positive behavior and reduce the potential for negative behavior of a teenager. The center for Information and Counseling Adolescent Reproductive Health / Student (PIK-R / M) or the Counseling Center Adolescent Reproductive - Information Center Adolescent Reproductive Health (PKPR-PIKER) managing information resources of teenage boys and girls to get the information of reproductive health. By BKKBN, PKPR health center which is managed by the Ministry of Health,

*Youth Center*, etc. (BKKBN, etc., 2017).

In 2018, Universitas Sebelas Maret add five Student Activity Unit (UKM) at the University level, one of which is the Center for Information and Counseling Students (PIK-R Cakra) UNS Cakra. PIK-R Cakra chaired by the National Population and Family Nasional (BKKBN) and managed by the students to provide information services, through the marriage of premature, free sex, without the drug, and prevention of HIV / AIDS to the TRIAD KRR in the Education of the Adolescent Reproductive Health is under the guidance of LPPM UNS, Center for the Study of Population and Gender.

PIK R be a container that is important in the spread of health information especially in the university environment. Figure the problems of teenagers in Indonesia are experiencing a case of the TRIAD KRR specialized Early Marriage, Free Sex, Drugs use is still very high. Teens have had sex-free by 35.9%; and affected by HIV/AIDS by 45,9% and at least in students UNS no of 27.3 % or 15 people according to the results of a survey of PIK-R Cakra UNS at least 55 people who fill that fellow students have sex before marriage. The purpose of this research is to describe the advantages, weaknesses, opportunities, and obstacles faced in the implementation of the role of the Student Activity Unit (UKM) PIK-R Cakra UNS as a *Civic Responsibility* or shape of the responsibility of

citizens, You will become a citizen, they understand their rights and obligations, juga have a sense of responsibility through a variety of plans of work and duties associated with the TRIAD KRR. Citizens demanded an active role to increase the quality and development of the country. The quality of a country can be seen from the participation of the citizens of a state when the process of problem solving and decision making.

## Method .

### *Setting and Participants*

This study uses a qualitative method with a Phenomenological approach or a Case Study in getting an overview of the implementation of the program and the role of PIK R Cakra UNS. Through this approach is expected to be about to get in-depth information about the implementation of the activities of PIK R. this Study was conducted to 6 main informant executive PIK R Cakra UNS.

### *Data Collection*

Kind of data that will be obtained in this study are:

#### 1. Primary Data

In this case, the data obtained is the result of the interview guide (*interview*) structured through *Zoom*, interview guidelines in the form of a sheet of questions to obtain information related to the implementation of the activities

and the Role of PIK-R Cakra in preventing the Triad KRR among students UNS as a form of *Civic Responsisbiity* especially in the pandemic.

#### 2. Secondary Data

This Data comes from the annual Reports and the results of a survey about PIK-R Cakra UNS to Students UNS in 2021. Survey Data of PIK-R Cakra 2021 conducted in the scope of the student UNS all of 55 students using the technique of *purposive random sampling*. Data collection was done by giving questionnaires *closed-ended multiple choice questions*.

After data collection is completed then the data were analyzed using the method of content analysis (*content analysis*), namely data collection, data reduction, and verification.

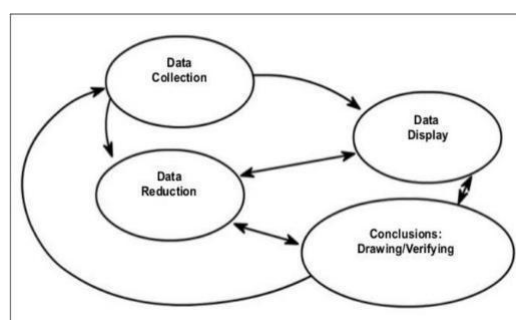


Figure 1. Interactive model of analysis

## Result and Discussion

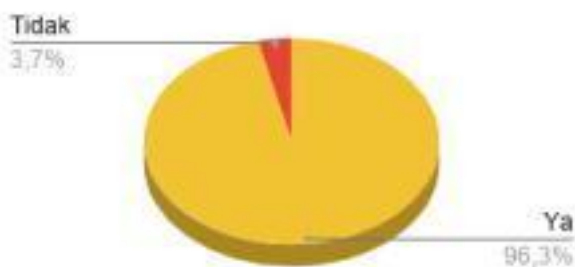
Interviews were conducted in 6 people informant is the executor of PIK R, 1 the Chairman of the Active

PIK-R , 1 Former Chairman of PIK-R, 2 Head of the Department and 2 Members of the PIK-R. To the level of formal education the informant is a Strata One (S1). Interview questions in a structured, there are three questions in accordance with the Objectives of this research, as will be discussed on the discussion with details of the question:

- a. What's a Triad KRR?
- b. How the efforts or programs of work PIK-R in suppressing the numbers and the socialization of the Triad KRR on students UNS?
- c. Barriers in the implementation of the work program related prevention of the Triad KRR on students UNS in times of covid-19?

In general, the survey Data the Understanding of the Student Activity Unit (UKM) PIK-R CAKRA UNS 2021 with 55 participants generate the data as following diagram :

Jumlah 1. Apakah tahu tentang UKM PIK-R Cakra ?



Picture 1.

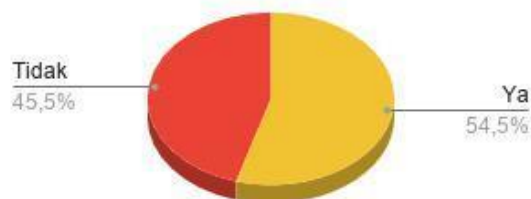
2. Pernah menjadi anggota PIK-R Cakra UNS



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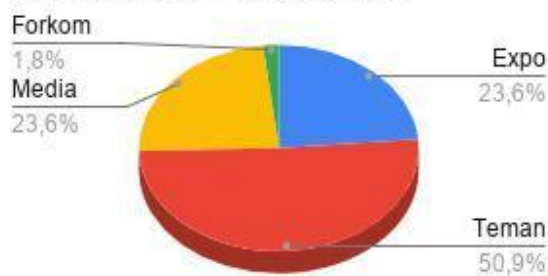
Picture 2.

3. Pernah mengikuti acara PIK-R Cakra UNS ? (Seminar, Kepanitiaan, Lomba)



Picture 3.

4. Mengetahui UKM PIK-R Cakra darimana?



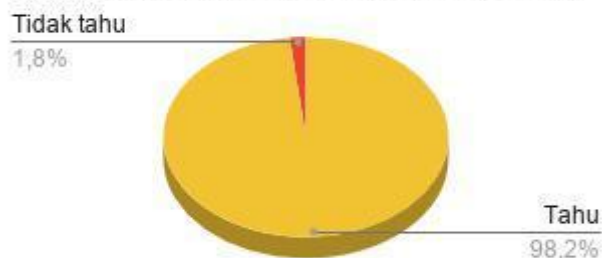
Picture 4.

6. Apakah tahu tentang TRIAD KRR ?



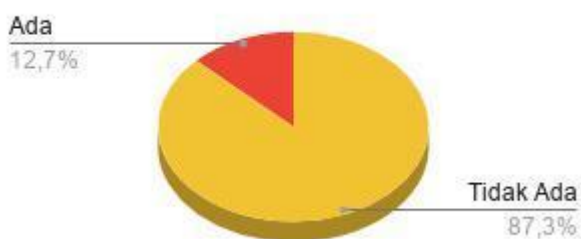
Picture 6.

7. Apakah tahu tentang permasalahan Pemikahan Usia Dini.



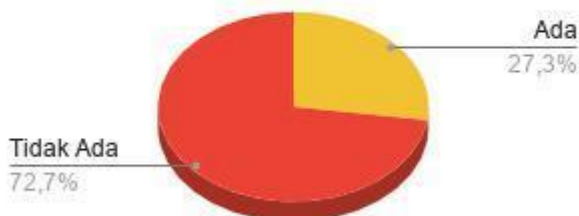
Picture 7.

8. Adakah teman sesama Mahasiswa UNS yang melakukan Pernikahan Usia Dini (Di bawah 19 tahun)



Picture 8.

9. Adakah teman sesama Mahasiswa UNS yang melakukan Seks Pra Nikah ?



Picture 9,

10. Adakah teman sesama Mahasiswa UNS yang mengonsumsi Minuman beralkohol ?



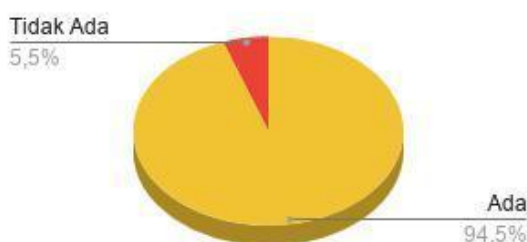
Picture 10.

11. Adakah teman sesama Mahasiswa UNS yang mengonsumsi Narkoba ?



Picture 11.

12. Adakah teman sesama Mahasiswa UNS yang merokok ?



Picture 12.

### Triad KRR

The period of transition from childhood to adulthood, make the young figure that is vulnerable to a variety of problems. The problems of risk in adolescents when this is a threat to reproductive health (Handayani, 2020). Based on the results of interviews with 6 participants of the TRIAD KRR can be concluded that the TRIAD KRR is the thing that should be avoided by teenagers who are covering the top 3 things yaitu Early Marriage, Free Sex, Drugs that may affect the reproductive health of adolescents, due to unhealthy lifestyle. Salah one slogan that proclaimed by the BKKBN where the TRIAD KRR this is an abbreviation of three things that should be avoided by the young. Triad KRR consists of *Say No to the Marriage Age of the child,*

*Say No to Free Sex* (premarital Sex) and *Say No to Drugs* (Drug).

According to the WHO (2012) mentions the growing problem of adolescent reproductive health, which concerns free sex, spread venereal disease, pregnancy out of wedlock or unwanted pregnancies, abortion, and marriage age muda. These three things become juvenile delinquency should be very shunned because nowadays a lot of teenagers who do such things and could be damaging their future. A teenager who better obliged to stay away from three things. The onset of the problem in teenagers is caused by a variety of factors that are very kompleks (Nurul Hidayah, 2016). Therefore, the problem of teens need to be managed well, one of them through the Program generasi berencana (GenRe) (BKKBN, 2014).

#### *Work Program of UKM PIK-R Cakra*

Based on the results of interviews with 6 participants of the TRIAD KRR can be concluded that the PIK-R Cakra UNS has many programs that are associated with the Triad KRR, including; the work program be implemented related to the socialization of the TRIAD KRR on students UNS is in the stewardship of this year due to the pandemic Covid-19 activities carried out more in the form of online. PIK R has a lot of project work whose primary purpose is to realize the younger generation who are planning. In preventing the occurrence of the Triad KRR on Students UNS own PIK R Cakra has held a working program Hello PIK

as a place for students UNS to tell a story and pursued spared from the TRIAD KRR. During the one-year stewardship is currently pandemic COVID-19 the first step is to create activities online in the form of a *talk-show*, webinars and essay contest and videography. To the media and the *platform* used is *Instagram*, *Google Meet* and *Zoom*. The socialization of the TRIAD TRC to UNS students and the general student with how to hold a webinar. PIK-R as a space for the activities of the program generasi berencana (GenRe) formed by the BKKBN which where managed by, of, and for the youth to provide services related to information, communication and counselling about the preparation of family life for the youth and share the problems of teenagers. The work Program of PIK R Cakra almost everything about the usefulness of adolescence, and socialization to expand the substance of the Genre in the wider community (teen) especially students UNS.

#### *Obstacles in the Implementation of the Work Program*

Obstacles encountered in the implementation of the program in a pandemic is because between the board can't meet face to face directly the coordination task is quite stunted and prone to miss communication between the board and are required to keep a distance so that the communication takes place is less than the maximum. In addition, the licensing process to carry out work programs sometimes encounter obstacles. Obstacles that may be felt when it is constrained Because



everything is online so that the delivery of the material provided noticeably less effective and we are less able to determine how the response from the *audience* directly. Evaluation of the implemented program are considered to be less effective enough and there are still many records that must be done in order of the TRIAD KRR this can be delivered and embedded its value to Students UNS. The limited activity that can be done, because there is a pandemic of activities just about the webinar which until now have not too optimal. And in the pandemic, change and continuity that was *offline* (with a series that has been adapted) so changed to *the Online* (relative monotony). But in this case there are several work programs that could not be held directly. As well as the community UNS also not many who can participate in the activity (when there is *an open volunteer*) due to the limitations of distance.

*The role of PIK-R Cakra in Preventing the Triad KRR as the Efforts of Civic Responsibility.*

In citizenship education, the citizens have the responsibility and, namely, to be good citizens as a means of development of educational citizenship / citizenship. According to Wahab and Sapriya, In general, the purpose of the state is building a citizen become a citizen of the bai ie in intellectual, emotional, social, and National spiritual wisdom (*civic wisdom*); to have a sense of pride and responsibility (*civic responsibility*), as well as be able to participate in the life of society and

state (civic participation) in order to foster a sense of nationalism and patriotism.

*Civic Responsibility* is a form of tanggung responsible citizens is the understanding of the rights and obligations of citizens who have to perform the duties and obligations in the organization and the environment. The rights and obligations of members of the Department of Student Activities / Student Activity Unit (UKM) PIK-R Cakra Universitas Sebelas Maret Surakarta implemented in accordance with the provisions of the laws and regulations of the Organization and AD ART that has been applicable. Awareness refers to the role played by members and leaders of the organization in maintaining and fulfill their responsibilities as part of the organization.

The form of attitude and the ability to aware of the rights and obligations of the citizens of the state who is responsible for the social life and the nation, as well as attitudes and behavior in accordance with the rules and norms that apply today by students through student organizations (such as UKM in college). Awareness of the rights and obligations of the student in the organization is a manifestation of the attitude of concern for the organization. This attitude is very necessary, because with this attitude, then the registration of the membership of the organization in terms of quality and quantity will be well preserved.

Student Activity Unit (UKM) PIK-R Cakra UNS in fostering the organization will implement the attitude of discipline. A lot of the activities carried out by this unit can cultivate an attitude of tolerance and also spread the moral values related to the Program Genre that Prevent TRIAD KRR (Early Marriage, Free Sex, Drugs). Three such problems are prone to occur among the students so that the role of the Student Activity Unit (UKM) is very important for the realization of a young Indonesian who always uphold moral values that existed in Indonesia.

Various work programs already explained earlier many loading problems of teenagers who make moral degradation among teenagers Indonesia due to the lack of knowledge about the TRIAD KRR. Through basic tasks, AD/ART owned by UKM PIK-R Cakra UNS, it can be seen that the member has the right and obligation to responsible in carrying out their mandate, namely to carry out the mandate in the form of its role in preventing the occurrence of the TRIAD KRR in the group students UNS especially in the pandemic covid-19 as a form of stirrings in shaping the character and quality which is good for fellow colleagues students in UNS

### **Conclusion**

TRIAD KRR is the thing that should be avoided by teenagers who are covering the top 3 things that

Early Marriage, Free Sex, Drugs that may affect the reproductive health of adolescents, due to unhealthy lifestyle. TRIAD KRR is one slogan that proclaimed by the BKKBN.

In line with one of the priorities has been followed up by the Indonesian government, through the Agency of the National Family Planning board (BKKBN), with monitoring and evaluation as well as providing technical guidance in the field of resistance teens through the program generasi berencana (GenRe) optimally is to develop program of the Center for Information and Consultation of youth and / or students (PIK-R/M). Information center Counseling Adolescents (PIK R) is important given as a container in spreading health information, especially in the university environment.

*Civic Responsibility* is a form of responsibility of citizens is an understanding of the rights and obligations of citizens who have to perform the duties and obligations in the organization and the environment.

The role of UKM PIK-R Cakra UNS as a form of *Civic Responsibility* where to become citizens who know their rights and obligations as well as conscious and responsible in applying it through about work program and other related to the Triad KRR. The role of active citizens is required in improving the quality as well as the development of the country. The quality of a nation can be seen from the extent to which citizens are able

to participate in the process of problem solving and decision making.

The results obtained from the interviews is the Student Activity Unit (UKM) PIK-R Cakra UNS compiled a variety of programs annual activities related to the Triad KRR, but a lot of obstacles, especially in the pandemic covid so that hasn't happened yet thoroughly making less than optimal in providing education prevention Triad KRR among students UNS, this is consistent with the theory in the BKKBN (2010) who mentioned that human resources are inadequate (number and capacity) result can not implementation of the program because they can't do surveillance with better (Ibaadillah & Samtyaningsih, 2017).

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